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CASE REPORT

BiSpectral Index (BIS) monitoring may detect critical hypotension before automated non-invasive blood pressure (NIBP) measurement during general anaesthesia; a case report. [version 1; peer review: 2 approved]

Matthew M. J. Smith

Department of Anaesthetics, Sheffield Teaching Hospitals, Sheffield, S10 2JF, UK

V1 First published: 09 Jan 2014, 3:5
<https://doi.org/10.12688/f1000research.3-5.v1>
Latest published: 09 Jan 2014, 3:5
<https://doi.org/10.12688/f1000research.3-5.v1>

Abstract

A patient undergoing general anaesthesia for neurosurgery exhibited an unexpected sudden decrease in the BiSpectral Index (BIS) value to near-zero. This prompted the detection of profound hypotension using non-invasive blood pressure (NIBP) measurement and expedited urgent assessment and treatment, with the patient making a full recovery. Widely regarded as a 'depth of anaesthesia' monitor, this case demonstrates the potential extra clinical benefit BIS may have in the detection of critical incidents such as anaphylaxis during general anaesthesia.

Keywords

BIS, bispectral index, hypotension, anaesthesia, anaphylaxis, anaphylactoid, TIVA, neurosurgery

Open Peer Review

Approval Status

	1	2
version 1
09 Jan 2014	view	view
1. Ehab Farag , Cleveland Clinic, Cleveland, OH, USA		
2. Sumio Hoka , Kyushu University, Fukuoka, Japan		

Any reports and responses or comments on the article can be found at the end of the article.

Corresponding author: Matthew M. J. Smith (doctormatt@me.com)

Competing interests: No competing interests were disclosed.

Grant information: The author(s) declared that no grants were involved in supporting this work.

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How to cite this article: Smith MMJ. **BiSpectral Index (BIS) monitoring may detect critical hypotension before automated non-invasive blood pressure (NIBP) measurement during general anaesthesia; a case report. [version 1; peer review: 2 approved]** F1000Research 2014, 3:5 <https://doi.org/10.12688/f1000research.3-5.v1>

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Presentation and clinical findings

A retired, 68 year old man of white British origin presented to the neurosciences unit with a subdural haematoma of unknown aetiology. With no past medical or family history of note, he was scheduled for neurosurgical intervention via burr holes under general anaesthesia. Prior to the operation, his Glasgow Coma Score was 15/15 and he was alert and oriented. The patient was in good general health, normotensive, and had no regular medications or known drug allergies. A total intravenous anaesthesia (TIVA) technique was chosen, as is usual for such cases in our institution.

Before induction of anaesthesia, we instituted standard monitoring according to guidelines published by the Association of Anaesthetists of Great Britain and Ireland. A BIS Quattro sensor (Covidien LLC, Mansfield, USA) was also applied to the forehead on the non-pathological side and connected to a BIS 'VISTA' monitor (Covidien LLC, Mansfield, USA).

Target-controlled infusions of propofol (3µg/ml) and remifentanyl (3ng/ml) were used to induce unconsciousness. To maintain normotension, a 4mg/h infusion of metaraminol was simultaneously started. Once the BIS value had fallen to 60, a 40mg dose of atracurium was given to facilitate tracheal intubation. During this period cardiovascular stability was maintained as measured by pulse rate and regular (every 2.5m) NIBP readings.

The patient was prepared for the operating theatre and transferred into the operating room, where we noticed that the BIS value had dramatically fallen to 04 with an almost isoelectric real-time EEG reading. This triggered the anaesthetist to immediately re-measure the NIBP, which revealed a blood pressure of 44/26.

Possible anaphylaxis to atracurium was suspected. Immediate treatment was initiated with 250ml 0.9% saline, 6mg ephedrine and 0.5mg of metaraminol IV, whilst adrenaline was prepared. These interim measures were enough to restore the blood pressure and BIS back to their expected values, and in the event no adrenaline was administered. Subsequent acute care included institution of invasive blood pressure monitoring, and treatment with hydrocortisone 100mg, chlorphenamine 10mg, and ranitidine 50mg IV. Moderate flushing and urticaria became evident some 15 minutes after the onset of the hypotension, however the patient remained otherwise stable and the rest of surgery and recovery were uneventful. Blood samples for mast-cell tryptase were taken as per local guidelines.

Timeline

Figure 1 below illustrates the timeline of the case. Anaesthetic induction occurs at 0940. The period of low BIS and hypotension is encircled in dashed green. The subsequent rise in BIS was coincident with restoration of normotension.

Diagnosis and follow up

The patient had an uncomplicated post-operative recovery and was discharged and sent home. He was referred to the immunology clinic for follow-up allergy testing. Mast cell tryptase results were all within the norm, making suspicion of anaphylaxis unlikely; however a raised IgE (147IU/L) plus the clinical signs seen during anaesthesia raised the possibility of an anaphylactoid drug reaction. A non-immune-mediated cause could not be ruled out for the critical incident.

Figure 1. BIS Vista display illustrating the timeline and BIS trend during the period of hypotension.

Discussion

BIS uses the frontal electroencephalogram and proprietary algorithms to quantify level of consciousness on a scale of arbitrary units from 0 (isoelectric raw signal) to 100 (awake). Intended to guide the hypnotic aspect of general anaesthesia, previous reports have however suggested that BIS may be used as a crude marker of cerebral hypoperfusion¹⁻⁵. Positron Emission Tomography scanning of anaesthetised patients has correlated the cerebral metabolic rate for oxygen consumption with BIS⁶, strengthening the case for this.

During the events described, the drop in BIS was detected before that of any other monitored variable or clinical change. It prompted rapid reassessment, discovery of cardiovascular collapse, and timely intervention. Had the patient not been BIS monitored, the hypotension would not have been revealed until the next 'scheduled' cycling of the NIBP, which may have led to further harm. We feel this demonstrates the potential extra clinical utility that BIS may have in the detection of critical incidents over and above its perception as solely a 'depth of anaesthesia' monitor.

Consent

Informed written consent for publication of clinical details and clinical images was obtained from the patient at the time of allergy clinic referral.

Competing interests

No competing interests were disclosed.

Grant information

The author(s) declared that no grants were involved in supporting this work.

Acknowledgements

MS would like to acknowledge Dr. Ajay Raithatha and Dr. Matt Wiles for their encouragement to write this report.

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Open Peer Review

Current Peer Review Status:

Version 1

Reviewer Report 25 March 2014

<https://doi.org/10.5256/f1000research.3474.r4222>

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Sumio Hoka

Department of Anesthesiology and Critical Care Medicine, Kyushu University, Fukuoka, Japan

This is an interesting case report showing an immediate response of BIS monitor to circulatory failure. BIS monitors could express not only the depth of anesthesia but also the state of brain ischemia.

Competing Interests: No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Reviewer Report 17 January 2014

<https://doi.org/10.5256/f1000research.3474.r3052>

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Ehab Farag

Department of General Anesthesiology, Cleveland Clinic, Cleveland, OH, USA

It is a nice case, I approve this with no reservations.

Competing Interests: No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

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