RESEARCH ARTICLE

Efficacy of an 8-week course of sofosbuvir and ledipasvir for the treatment of HCV infection in selected HIV-infected patients [version 1; peer review: 1 approved, 1 approved with reservations]

Onyema Ogbuagu , Ritche Hao, Michael Virata, Merceditas S. Villanueva , Maricar Malinis

Department of Medicine, Section of Infectious Diseases, Yale University School of Medicine, New Haven, CT, 06510, USA

V1 First published: 03 May 2017, 6:620
<https://doi.org/10.12688/f1000research.11397.1>
 Latest published: 21 Sep 2018, 6:620
<https://doi.org/10.12688/f1000research.11397.2>

Abstract

Background: With the availability of direct acting antiviral treatment for hepatitis C (HCV), HIV and HCV co-infected patients show comparable treatment responses to HCV-monoinfected patients. An 8-week course of sofosbuvir/ledipasvir (SOF/LDV) is highly effective for the treatment of HCV genotype 1 infection in treatment-naïve mono-infected patients with HCV viral loads <6 million IU/ml. There is limited data on the efficacy of this 8-week HCV treatment regimen in HIV-infected individuals with similar viral loads.

Methods: The study was a retrospective review of HIV-infected adults coinfecting with HCV genotype 1 for whom an 8-week course of SOF/LDV was prescribed by providers at two clinics in the Yale-New Haven health system from November 1, 2014 until April 30, 2016. Treatment efficacy was assessed as the proportion of treatment initiators who achieved a sustained virologic response 12 weeks after completion of therapy (SVR 12).

Results: Nineteen patients met study eligibility criteria and included 14 men (74%); and 12 African-Americans (63%). All patients were on antiretroviral therapy with fully suppressed HIV viral loads and were HCV treatment-naïve. All patients had pre-treatment HCV viral loads <6 million IU/mL. Eighteen patients (95%) completed HCV treatment. Overall, SVR 12 was 95%, with 1 treatment failure occurring due to suboptimal adherence.

Conclusion: Among our HIV-infected patient cohort with HCV genotype 1 infection, 95% of those treated with an 8 week course of SOF/LDV achieved SVR 12. This is comparable to the efficacy of the same treatment regimen in patients without HIV infection. This study lends proof of concept to the use of shorter course SOF/LDV treatment for HIV-HCV genotype 1 coinfecting patients with viral loads

Open Peer Review

Approval Status

	1	2
version 2 (revision) 21 Sep 2018		 view
version 1 03 May 2017	 view	 view

1. **Patrick Ingiliz**, Center for Infectiology, Berlin, Germany

2. **David K Wong** , University Health Network, Toronto, Canada
 University of Toronto, Toronto, Canada

Any reports and responses or comments on the article can be found at the end of the article.

<6 million IU/ml. Larger studies are indicated to validate our findings.

Keywords

Hepatitis C genotype 1, Direct-acting antivirals, HIV, short-course therapy

Corresponding author: Onyema Ogbuagu (onyema.ogbuagu@yale.edu)

Competing interests: No competing interests were disclosed.

Grant information: The author(s) declared that no grants were involved in supporting this work.

Copyright: © 2017 Ogbuagu O *et al.* This is an open access article distributed under the terms of the [Creative Commons Attribution License](#), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited. Data associated with the article are available under the terms of the [Creative Commons Zero "No rights reserved" data waiver](#) (CC0 1.0 Public domain dedication).

How to cite this article: Ogbuagu O, Hao R, Virata M *et al.* **Efficacy of an 8-week course of sofosbuvir and ledipasvir for the treatment of HCV infection in selected HIV-infected patients [version 1; peer review: 1 approved, 1 approved with reservations]** F1000Research 2017, **6**:620 <https://doi.org/10.12688/f1000research.11397.1>

First published: 03 May 2017, **6**:620 <https://doi.org/10.12688/f1000research.11397.1>

Introduction

HIV and hepatitis C virus (HCV) share similar epidemiologic risk factors and routes of transmission, such that among HIV infected individuals, the prevalence of HCV infection is high and estimated at 25% (<https://www.cdc.gov/hepatitis/populations/hiv.htm>). Among certain risk groups, such as injection drug users with HIV infection, prevalence rates as high as 90% have been reported (<https://www.cdc.gov/hepatitis/populations/hiv.htm>). HIV infection alters the natural history of HCV disease, such that there are higher and faster rates of progression to liver cirrhosis with its resultant complications; this negative interaction may not be impacted by the receipt of effective antiretroviral therapy (ART)^{1,2}. Owing to this, the treatment of HCV infection is prioritized for persons infected with HIV.

Since the sequencing of the HCV genome, there has been an explosion in the number of drugs approved for the treatment of HCV infection. The direct acting antiviral treatment regimens now allow for fully orally administered, well tolerated, and highly effective treatments for HCV infection. However, multiple studies have shown that of the individuals eligible for HCV treatment, few have received treatment^{3,4}. A primary obstacle to the treatment of HCV infection is the exorbitant cost of the treatment regimens^{5,6}. Therefore, cost saving measures including shortened duration of therapy are of interest to patients and their providers⁷. Emerging data suggests that 8-week rather than 12-week regimens may be effective for HCV treatment among selected patients^{8,9}.

The United States Food and Drug Administration (FDA) approved sofosbuvir/ledipasvir (SOF/LDV) in 2014 for the treatment of chronic HCV genotype 1 infection. The ION-3 study of SOF/LDV that included treatment-naïve non-cirrhotic patients with HCV genotype 1, found that the sustained virologic response 12 weeks after end of therapy (SVR12) was comparable between the 8-week (with and without ribavirin) and 12-week treatment arms in a post hoc analysis for patients who had a pre-treatment HCV viral load (VL) <6 million IU/ml¹⁰. Based on this data, the American Association for the Study of Liver Diseases/Infectious Diseases Society of America guidelines suggest considering an 8 week course for treatment-naïve genotype 1 non-cirrhotic patients with a pre-treatment HCV VL <6 million IU/ml (<http://www.hcvguidelines.org/full-report/hcv-testing-and-linkage-care>). However, the guidelines cite limited data as the reason to not recommend an 8-week SOF/LDV treatment course for HIV-infected patients.

Contemporary HCV treatment trials with directly acting antiviral (DAA) agents have shown that HIV infection status no longer independently impacts treatment outcomes^{11,12}. Therefore, shorter HCV treatment regimens are likely to be as effective in HIV-infected individuals as their non-infected counterparts. Our study describes treatment outcomes of a short (8 week) course of SOF/LDV in HIV/HCV co-infected patients.

Methods

We performed a retrospective review of all HIV and HCV co-infected patients, for whom an 8-week SOF/LDV treatment course was initiated from November 1, 2014 until April 30, 2016. The

treatment decision for short course therapy was made by individual clinic providers at two clinics based at Yale New Haven Hospital in New Haven, CT, USA: Nathan Smith Clinic and the Haelen Center.

Eligibility criteria for the study included all adult (age >18 years) patients with confirmed HIV infection, who had HCV genotype 1 infection, and without co-infection with non-genotype 1 HCV. Only individuals for whom treatment with an 8-week course of SOF/LDV was intended, were included in the analysis.

Electronic medical records of eligible patients were reviewed. Data collected included demographic data, HIV clinical data (CD4 count, HIV VL, ART), and laboratory data, including complete blood counts, electrolytes, and liver biopsy results. Plasma HCV viral loads and genotypes were determined at our lab using COBAS Ampliprep/COBAS Taqman HCV Test, v2.0 (Roche Diagnostics, Indianapolis, IN, USA). Assessment of liver fibrosis stage at time of treatment initiation was determined by one or more of the following: liver biopsy and non-invasive liver fibrosis scores, such as AST to platelet ratio index (APRI)¹³ and fibrosis-4 (FIB-4) score¹⁴. Patient-reported adverse events and reasons for non-completion or discontinuation of treatment were based on documentation in electronic medical records. Data were recorded and analyzed using descriptive statistics in Microsoft Excel, v2013. Overall SVR 12 rate was defined as the proportion of individuals for whom an 8 week treatment course was initiated that had undetectable HCV viral loads 12 weeks after completion of therapy.

Study approval was obtained from the Yale University Human Investigations Committee (number 1506016104).

Results

A total of 19 patients met the study inclusion criteria. Median age was 53 years (IQR 42-73 years); 14 (74%) were males, and 12 (63%) were African-American. The median body mass index was 28.2 kg/m². The majority (95%) had glomerular filtration rate >60 ml/min. The major risk factor for HIV was injection drug use (53%). Median CD4 T cell count was 678 cells/μL (IQR 458-1004 cells/μL). All patients were on ART, of which non-nucleoside reverse transcriptase inhibitors (43%) followed by integrase strand transferase inhibitors (32%) were most common. Thirteen patients (68%) were on tenofovir/emtricitabine (FTC) and 5 (26%) were taking abacavir/lamivudine (3TC). Patients who were on HIV protease inhibitors were receiving tenofovir/FTC. All patients had fully suppressed HIV VLs (Table 1).

Twelve (63%) patients had HCV genotype 1a and 5 (26%) had genotype 1b; in 2 patients, genotype 1 subtype was not done. Median AST and ALT values were 39 (IQR 31-63) units/L and 45 (IQR 32-70) units/L, respectively. All patients had baseline HCV VLs of < 6 million IU/mL and were HCV treatment-naïve. Based on APRI and FIB-4 score, two patients had cirrhosis, but were clinically compensated.

Eighteen patients (95%) completed 8 weeks of therapy. One patient was non-adherent due to active substance abuse and only completed

Table 1. Baseline demographic and clinical characteristics of 19 HIV and HCV co-infected patients treated with an 8 week course of sofosbuvir and ledipasvir.

Characteristic	Value
Age, median (years; median, IQR)	53 (49.5-60.0)
Gender (male; n, %)	14 (74)
Race (n, %)	
African-American	12 (63)
Caucasian	7 (37)
BMI (kg/m ² ; median, IQR)	28.2 (24.5-29.7)
Creatinine clearance (ml/min; n, %)	
<60	1 (5)
>60	18 (95)
HIV risk factor (n, %)	
IDU	10 (53)
Heterosexual contact	6 (31)
MSM	2 (11)
Blood transfusion	1 (5)
CD4 count (cells/ μ L; median, IQR)	678 (458-1004)
ART regimen (n, %)	
NNRTI	8 (42)
PI	4 (21)
INSTI	6 (32)
Other	1 (5)
ART regimen: NRTI component (n, %)	
Tenofovir/FTC	13 (68)
Abacavir/3TC	5 (26)
HCV genotype (n, %)	
1a	12 (63)
1b	5 (26)
1 unspecified	2 (11)
HCV viral load (IU/ml; median, IQR)	869,000 (275,500–1,925,000)
Baseline LFTs (U/L; median, IQR)	
ALT	45 (30-70)
AST	39 (30.5-62.5)
APRI score (n, %)	
< 0.7	10 (53)
0.7- < 1.0	4 (21)
> 1.0	5 (26)
FIB 4-score (n, %)	
<1.45	5 (26)
1.45- < 3.25	12 (63)
> 3.25	2 (11)

ALT, alanine transaminase; APRI, AST to platelet ratio index; ART, antiretroviral; AST, aspartate transaminase; BMI, basal metabolic index; FIB-4, fibrosis 4; HCV, hepatitis C virus; HIV, human immunodeficiency virus; IDU, injection drug use; IQR, interquartile range; IU/ml, international units/milliliter; LFT, liver function test; MSM, man who has sex with men; NRTI, nucleoside(tide) reverse transcriptase inhibitor; NNRTI, non-nucleoside reverse transcriptase inhibitor; PI, protease inhibitor; INSTI, integrase strand transferase inhibitor; U/L, units/litre; FTC, emtricitabine; 3TC, lamivudine.

the first 4 weeks of treatment. Adverse events while on treatment were reported by 6 patients as follows: diarrhea (n=1), abdominal pain (n=1), nausea (n=1), poor appetite (n=1), diffuse joint pains (n=1), and pruritus without rash (n=1). One patient who experienced fatigue due to influenza, temporarily discontinued treatment for 7 days, but resumed treatment afterwards. There were no cases of renal insufficiency, including patients who were on HIV protease inhibitors and tenofovir/FTC. Overall, SOF/LDV was well tolerated with no treatment discontinuations due to adverse effects.

All eligible patients had at least one HCV VL assay performed either at week 4 or week 8 of treatment and at 12 weeks following completion of therapy. At week 4 of treatment, 11 of 12 patients for whom there was available data, had undetectable HCV VLs; one patient had viremia that was less than the lower limit of detection of the assay (< 15 IU/ ml). At week 8 of treatment, 11 of 12 patients, who had available HCV VLs, had undetectable HCV VLs. The patient who had detectable HCV VL at week 8 had completed only 4 weeks of therapy and was subsequently non-adherent due to active substance use. In total 18 of the 19 patients achieved SVR 12. Therefore, overall SVR 12 rate was 95% (Table 2). The two patients who had cirrhosis also achieved SVR 12.

Dataset 1. Spreadsheet data showing baseline demographic and clinical characteristics, as well as treatment outcomes, of HIV-HCV patients treated with 8-week course of sofosbuvir/ledipasvir

<http://dx.doi.org/10.5256/f1000research.11397.d159561>

Discussion

HIV and HCV infections are often referred to as syndemics as they share similar routes of transmission and impact populations that have similar demographic and socio-economic profiles¹⁵. The prevalence of HCV infection ranges from 2.4% in the general HIV-infected population to 82.4% among HIV infected persons who inject drugs¹⁵.

Table 2. Treatment outcomes in 19 HIV and HCV co-infected patients treated with sofosbuvir and ledipasvir.

	4 week HCV VL n=12 ¹	8 week HCV VL n=12 ²	SVR 12 n=19 ³
Undetectable HCV VL (n, %)	11 (92)	11 (92)	18 (95)

HIV, human immunodeficiency virus; HCV, hepatitis C virus; SVR 12, sustained virologic response 12 weeks after completion of therapy; VL, viral load.

¹Data only available for 12 patients; ²Data only available for 12 patients (1 patient only completed 4 weeks of treatment); ³Data obtained from 19 patients 12 weeks after completion of treatment.

The implications of HCV co-infection are significant. Hepatitis C contributes to increased liver-related morbidity, including complications of end-stage liver disease, such as hepatocellular carcinoma, as well as mortality¹⁶. The presence of HIV infection confers a risk for accelerated progression of liver disease, even when HIV is virally suppressed¹⁷. For these reasons, the treatment of HCV should be prioritized for HIV-infected persons.

Multiple studies have shown that HIV co-infection is no longer a significant predictor of poor HCV treatment outcomes, such that cure rates among individuals infected with HIV are similar to those who are uninfected¹¹. Similarly, factors that predict poorer response to DAAs, including the presence of cirrhosis, HCV genotype, resistance-associated variants, interleukin-28B polymorphisms, and prior treatment experience, apply to HIV-infected and uninfected individuals alike¹⁸.

There is interest in shorter HCV treatment durations for a number of reasons: the prohibitive cost of newer DAAs¹⁹, and issues of adherence and potential development of resistance or toxicity. Kowdley *et al* showed in a post hoc analysis that an 8-week treatment regimen of SOF/LDV resulted in a high SVR 12 rate among non-cirrhotic HCV infected individuals with genotype 1 infection that was non-inferior to an 8-week regimen with ribavirin or a 12-week regimen without ribavirin¹⁰. Lower relapse rates were observed among patients receiving 8 weeks of SOF/LDV who had baseline HCV RNA levels <6 million IU/ml (2%; 2 of 123). However, this study did not include HIV-infected individuals.

In a subsequent real-world multi-national retrospective study of 634 patients, an 8-week course of SOF/LDV resulted in an overall SVR 12 of 98.1% in non-cirrhotic treatment-naïve individuals regardless of HCV VLs. This study included 16 HIV-infected individuals, and for those with VL >6 million IU/ml, 100% achieved SVR 12⁹. Unlike the previous study, this study found pre-treatment HCV VL >6 million IU/ml in a subset of patients with HIV infection that did not affect treatment outcomes, including relapse rates.

Our study, showing an SVR 12 of 95%, is similar to the rates observed in a German cohort of 28 HIV-HCV co-infected patients, who showed a 96% response rate to 8 week therapy using SOF/LDV (GECCO-01 study)⁸. All patients in the trial were on antiretroviral therapy with a median CD4 count of 604 cells/mm³. However, the cohort consisted of predominantly Caucasian and male patients (89%). Our patient demographic was different with more women (26% versus 11%), and comprised a majority of African-American patients (63%).

It is important to highlight that not all DAA-based 8 week treatment courses for HIV-infected patients have yielded satisfactory results. The phase 3 ALLY-2 study, explored 8-week and 12-week SOF/daclatasvir treatment courses in HIV-infected individuals with HCV genotypes 1-4²⁰. For treatment-naïve patients with HCV genotype 1, SVR 12 was 96% in the 12-week arm and 76% in the 8-week arm. However, it was observed that patients with HCV VL <2 million IU/ml performed better than those with viral loads

>2 million IU/ml (SVR 12 of 100% versus 62%) supporting excellent efficacy with lower viral loads²⁰.

Our 95% SVR 12 rate in individuals placed on short course treatment may be attributable to certain factors: excellent adherence (supported by well controlled HIV infection) and selection of individuals with low HCV viral loads, factors that are associated with higher likelihood of cure^{18,21}. It is remarkable that 26% of subjects were women and almost two-thirds were African-American; two groups that are often under-represented in HCV treatment studies, and this thereby increases the generalizability of the study results. The two individuals with cirrhosis also achieved excellent treatment results. In spite of the small number of patients in our study, the concordance of our findings with the European cohort in the GECCO-01 trial, as well as the multi-center study reported by Kowdley *et al*, lends support to its validity.

A limitation of our study is that it was retrospective, therefore data captured was dependent on the quality of documentation by patient providers. Our patient demographic may not be representative of patients in settings different from ours. There may be a treatment selection bias, whereby patients who were more likely to adhere to therapy and had characteristics favorable to achieving an optimal response were initiated on therapy by their clinic providers. Due to the low number of patients with cirrhosis in our cohort, it is not advisable to extend the conclusions to this subgroup.

In summary, our study provides support for the use of an 8 week course of SOF/LDV as an effective treatment option for HIV and genotype 1 HCV co-infected individuals with HCV viral loads <6 million IU/ml.

Data availability

Dataset 1: Spreadsheet data showing baseline demographic and clinical characteristics, as well as treatment outcomes, of HIV-HCV patients treated with 8-week course of sofosbuvir/ledipasvir. doi, [10.5256/f1000research.11397.d159561](https://doi.org/10.5256/f1000research.11397.d159561)²²

Ethical statement

This medical review was approved by Yale University Human Investigations Committee (number 1506016104); individual patient consent was not required in this retrospective chart review.

Author contributions

OO and MM conceived of the project; OO, RH and MM collected study data; OO, RH, MV, MSV and MM participated in data analysis, drafting and revision of the manuscript.

Competing interests

No competing interests were disclosed.

Grant information

The author(s) declared that no grants were involved in supporting this work.

References

- Weber R, Sabin CA, Friis-Møller N, *et al.*: Liver-related deaths in persons infected with the human immunodeficiency virus: the D:A:D study. *Arch Intern Med.* 2006; **166**(15): 1632–1641.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Kitahata MM, Gange SJ, Abraham AG, *et al.*: Effect of early versus deferred antiretroviral therapy for HIV on survival. *N Engl J Med.* 2009; **360**(18): 1815–1826.
[PubMed Abstract](#) | [Publisher Full Text](#) | [Free Full Text](#)
- Butt AA, McGinnis K, Skanderson M, *et al.*: A comparison of treatment eligibility for hepatitis C virus in HCV-monoinfected versus HCV/HIV-coinfected persons in electronically retrieved cohort of HCV-infected veterans. *AIDS Res Hum Retroviruses.* 2011; **27**(9): 973–979.
[PubMed Abstract](#) | [Publisher Full Text](#) | [Free Full Text](#)
- Cachay ER, Hill L, Wyles D, *et al.*: The Hepatitis C Cascade of Care among HIV Infected Patients: A Call to Address Ongoing Barriers to Care. *PLoS One.* 2014; **9**(7): e102883.
[PubMed Abstract](#) | [Publisher Full Text](#) | [Free Full Text](#)
- Moon AM, Green PK, Berry K, *et al.*: Transformation of hepatitis C antiviral treatment in a national healthcare system following the introduction of direct antiviral agents. *Aliment Pharmacol Ther.* 2017; **45**(9): 1201–1212.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Konerman MA, Lok AS: Hepatitis C Treatment and Barriers to Eradication. *Clin Transl Gastroenterol.* 2016; **7**(9): e193.
[PubMed Abstract](#) | [Publisher Full Text](#) | [Free Full Text](#)
- Gross C, Akoth E, Price A, *et al.*: HIV/HCV Co-infection: Overcoming Barriers to Treatment. *J Assoc Nurses AIDS Care.* 2016; **27**(4): 524–529.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Ingiliz P, Christensen S, Kimhofer T, *et al.*: Sofosbuvir and Ledipasvir for 8 Weeks for the Treatment of Chronic Hepatitis C Virus (HCV) Infection in HCV-Monoinfected and HIV-HCV-Coinfected Individuals: Results From the German Hepatitis C Cohort (GECCO-01). *Clin Infect Dis.* 2016; **63**(10): 1320–1324.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Kowdley KV, Sundaram V, Jeon CY, *et al.*: Eight weeks of Ledipasvir/Sofosbuvir is effective for selected patients with genotype 1 Hepatitis C virus infection. *Hepatology.* 2017; **65**(4): 1094–1103.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Kowdley KV, Gordon SC, Reddy KR, *et al.*: Ledipasvir and sofosbuvir for 8 or 12 weeks for chronic HCV without cirrhosis. *N Engl J Med.* 2014; **370**(20): 1879–1888.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Shafman SD: HIV Coinfected Have Similar SVR Rates as HCV Monoinfected With DAAs: It's Time to End Segregation and Integrate HIV Patients Into HCV Trials. *Clin Infect Dis.* 2015; **61**(7): 1127–1134.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Milazzo L, Lai A, Calvi E, *et al.*: Direct-acting antivirals in hepatitis C virus (HCV)-infected and HCV/HIV-coinfected patients: real-life safety and efficacy. *HIV Med.* 2017; **18**(4): 284–291.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Lin ZH, Xin YN, Dong QJ, *et al.*: Performance of the aspartate aminotransferase-to-platelet ratio index for the staging of hepatitis C-related fibrosis: an updated meta-analysis. *Hepatology.* 2011; **53**(3): 726–736.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Sterling RK, Lissen E, Clumeck N, *et al.*: Development of a simple noninvasive index to predict significant fibrosis in patients with HIV/HCV coinfection. *Hepatology.* 2006; **43**(6): 1317–1325.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Platt L, Easterbrook P, Gower E, *et al.*: Prevalence and burden of HCV co-infection in people living with HIV: a global systematic review and meta-analysis. *Lancet Infect Dis.* 2016; **16**(7): 797–808.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Klein MB, Rollet KC, Saeed S, *et al.*: HIV and hepatitis C virus coinfection in Canada: challenges and opportunities for reducing preventable morbidity and mortality. *HIV Med.* 2013; **14**(1): 10–20.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Lo Re V 3rd, Kallan MJ, Tate JP, *et al.*: Hepatic decompensation in antiretroviral-treated patients co-infected with HIV and hepatitis C virus compared with hepatitis C virus-monoinfected patients: a cohort study. *Ann Intern Med.* 2014; **160**(6): 369–379.
[PubMed Abstract](#) | [Publisher Full Text](#) | [Free Full Text](#)
- Cavalcante LN, Lyra AC: Predictive factors associated with hepatitis C antiviral therapy response. *World J Hepatol.* 2015; **7**(12): 1617–1631.
[PubMed Abstract](#) | [Publisher Full Text](#) | [Free Full Text](#)
- Chhatwal J, He T, Lopez-Olivo MA: Systematic Review of Modelling Approaches for the Cost Effectiveness of Hepatitis C Treatment with Direct-Acting Antivirals. *Pharmacoeconomics.* 2016; **34**(6): 551–67.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Wyles DL, Ruane PJ, Sulkowski MS, *et al.*: Daclatasvir plus Sofosbuvir for HCV in Patients Coinfected with HIV-1. *N Engl J Med.* 2015; **373**(8): 714–725.
[PubMed Abstract](#) | [Publisher Full Text](#)
- Louie V, Latt NL, Gharibian D, *et al.*: Real-World Experiences With a Direct-Acting Antiviral Agent for Patients With Hepatitis C Virus Infection. *Perm J.* 2017; **21**: 16–096.
[PubMed Abstract](#) | [Publisher Full Text](#) | [Free Full Text](#)
- Ogbuagu O, Hao R, Virata M, *et al.*: Dataset 1 in: Efficacy of an 8-week course of sofosbuvir and ledipasvir for the treatment of HCV infection in selected HIV-infected patients. *F1000Research.* 2017.
[Data Source](#)

Open Peer Review

Current Peer Review Status:

Version 1

Reviewer Report 30 August 2018

<https://doi.org/10.5256/f1000research.12302.r24844>

© 2018 Wong D. This is an open access peer review report distributed under the terms of the [Creative Commons Attribution License](#), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

David K Wong

¹ Immunodeficiency Clinic, University Health Network, Toronto, ON, Canada

² University of Toronto, Toronto, Canada

General:

This is a small retrospective study that adds to the evidence that those with HCV (genotype 1)-HIV co-infection and low viral load can be treated successfully with 8 weeks of Sofosbuvir/Ledipasvir. Adherence matters as the one treatment failure did not complete treatment. The data from this cohort (two patients not described) are not strong enough to recommend this strategy for those with established cirrhosis. On-treatment monitoring of HCV PCR adds little to treatment.

Specific comments:

1. The introduction is a bit dated. We should no longer need to justify treatment of those with HIV co-infection as a priority population. The simple fact of HCV infection means that these individuals should be offered treatment.
2. Introduction points out that HIV infection status no longer independently impacts treatment outcomes. The introduction should ALSO point out that those with HCV without HIV, NO cirrhosis and low viral load can be successfully treated with 8 weeks of SOF/LDV.
3. Two patients were thought to be cirrhotic but clinically compensated - how compensated? They should be described further and they should be pointed out in Table 3 - what were platelet counts, INR, albumin, Bilirubin.
4. The discussion is repetitive - should not repeat what was said in introduction
5. Study presents data of on-treatment HCV PCR monitoring. Do the authors think that this is required?

Is the work clearly and accurately presented and does it cite the current literature?

Yes

Is the study design appropriate and is the work technically sound?

Yes

Are sufficient details of methods and analysis provided to allow replication by others?

Yes

If applicable, is the statistical analysis and its interpretation appropriate?

Yes

Are all the source data underlying the results available to ensure full reproducibility?

Partly

Are the conclusions drawn adequately supported by the results?

Yes

Competing Interests: No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Author Response 14 Sep 2018

Merceditas Villanueva, Yale University School of Medicine, New Haven, USA

General:

This is a small retrospective study that adds to the evidence that those with HCV (genotype 1)-HIV co-infection and low viral load can be treated successfully with 8 weeks of Sofosbuvir/Ledipasvir. Adherence matters as the one treatment failure did not complete treatment. The data from this cohort (two patients not described) are not strong enough to recommend this strategy for those with established cirrhosis. On-treatment monitoring of HCV PCR adds little to treatment.

Response- Thanks for the comment.

Regarding the concern about recommending short course treatment for cirrhotics, we acknowledge in the limitations section that... "Due to the low number of patients with cirrhosis in our cohort, it is not advisable to extend the conclusions to this subgroup."

Also, we agree that on-treatment monitoring of HCV viral loads adds little to treatment especially as there are no "stoppage" rules based on pre-set viral load decay parameters monitored over time. We captured HCV viral load assessments as checked by clinic providers which was based on the clinic HCV treatment protocol at the time the study was conducted.

Specific comments:

1. The introduction is a bit dated. We should no longer need to justify treatment of those with HIV co-infection as a priority population. The simple fact of HCV infection means that these individuals should be offered treatment.

Response- we agree that there is no longer a need to justify treatment of HIV infected patients with HCV as they experience similar treatment outcomes. We have eliminated the sentence "owing

to this the treatment of HCV infection is prioritized for persons infected with HIV" from the revised manuscript

2. Introduction points out that HIV infection status no longer independently impacts treatment outcomes. The introduction should ALSO point out that those with HCV without HIV, NO cirrhosis and low viral load can be successfully treated with 8 weeks of SOF/LDV.

Response: We have modified the 3rd sentence of paragraph 3 of the introduction as follows: "Based on this data, the American Association for the Study of Liver Diseases/Infectious Diseases Society of America guidelines recommend that treatment-naïve, genotype 1 patients without cirrhosis, are non-black, HIV-negative and with a pre-treatment HCV VL <6 million IU/ml (<http://www.hcvguidelines.org/full-report/hcv-testing-and-linkage-care>) can be successfully treated with 8 weeks of SOF/LDV.

3. Two patients were thought to be cirrhotic but clinically compensated - how compensated? They should be described further and they should be pointed out in Table 3 - what were platelet counts, INR, albumin, Bilirubin.

Response: We noted discrepancies in the dataset attached to our original submission when compared to our original data! (the APRI and Fib-4 scores were erroneously arranged in descending order on the submitted version and not on the same row with appropriate patients). We have corrected this on the re-submission. Both patients had APRI and Fib-4 scores that were above cut-off values that are suggestive of liver cirrhosis. We used the term "compensated" to mean that they had no documented clinical features of decompensation including development of HCC, ascites, porto-systemic encephalopathy or varices. We did calculate Child Pugh scores (inclusive of INR and albumin levels) and both patients were class A. Both of these last points are mentioned in the results section.

4. The discussion is repetitive - should not repeat what was said in introduction

Response: Thank you. We have modified the discussion to remove redundant / repetitive statements.

5. Study presents data of on-treatment HCV PCR monitoring. Do the authors think that this is required?

Response: as stated in our first response to general comments -we agree that on-treatment monitoring of HCV viral loads adds little to treatment especially as there are no "stoppage" rules based on pre-set viral load decay parameters monitored over time. We captured HCV viral load assessments as checked by clinic providers which was based on the clinic HCV treatment protocol at the time the study was conducted

Competing Interests: No competing interests

Reviewer Report 05 June 2017

<https://doi.org/10.5256/f1000research.12302.r22470>

© 2017 Ingiliz P. This is an open access peer review report distributed under the terms of the [Creative Commons Attribution License](#), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Patrick Ingiliz

Center for Infectiology, Berlin, Germany

Ogbuago and coworkers provide a small study on 19 HIV-HCV coinfecting individuals that were treated with an 8-weeks course of sofosbuvir and ledipasvir. Overall, the SVR rate is 95% with only one individual not responding who was in-adherent. The study, although small, adds knowledge to the existing literature.

Minor comments:

1. The authors should point out more clearly that they are dealing with a difficult-to-treat population here: A high percentage of AAs, high levels of IDU, and high BMI. This values the results even more.
2. In the Introduction the authors should point out that DAAs have changed treatment paradigms in HCV, but that 12 weeks treatment duration still proved to be the threshold hard to beat. It only worked so far with this regimen presented here. It will however change with new compounds.
3. In the discussion, the description of the ION-3 trial is slightly inaccurate: The non-inferiority of the 8-weeks regimen was an endpoint of the study. The 6 ml viral load threshold was a post-hoc-analysis.

Is the work clearly and accurately presented and does it cite the current literature?

Yes

Is the study design appropriate and is the work technically sound?

Yes

Are sufficient details of methods and analysis provided to allow replication by others?

Yes

If applicable, is the statistical analysis and its interpretation appropriate?

Yes

Are all the source data underlying the results available to ensure full reproducibility?

Yes

Are the conclusions drawn adequately supported by the results?

Yes

Competing Interests: No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Author Response 21 Jun 2017

Merceditas Villanueva, Yale University School of Medicine, New Haven, USA

In response to Dr Ingiliz's comments:

1. It is correct that our cohort consisting of predominantly AAs, current or ex-IDUs, with high median BMI, and who are HIV co-infected are traditionally hard to treat populations so that it does make the treatment results all the more remarkable and in spite of the small sample size. This is now reflected in the discussion as follows:

"The high SVR12 rate in our study is even more remarkable given that all patients were HIV infected and a significant proportion were African-American, had a high BMI and were active or current IDUs, all of which are characteristics of traditionally hard to treat populations. "

2. We have modified the sentence in the Introduction referencing 8-week and 12-week treatment regimens to suggest as accurately pointed out that for currently approved DAA regimens, 12-week treatment duration remains the standard for most patients, while 8 week regimens may be used for "selected cases". This is now reflected in the introduction as follows:

"While 12-week DAA-based treatment regimens remain the standard treatment course for most HCV infected patients, emerging data suggests that 8-week rather than 12-week regimens may be effective for treatment among selected patients "

3. The paragraph has been rephrased to accurately reflect the primary results of the open label randomized ION-3 study as well as post hoc analysis as follows:

"Kowdley *et al*, in a phase 3 open label randomized trial, showed that an 8-week treatment regimen of SOF/LDV resulted in a high SVR 12 rate among non-cirrhotic HCV infected individuals with genotype 1 infection that was non-inferior to an 8-week regimen with ribavirin or a 12-week regimen without ribavirin ¹⁰ . In a post hoc analysis, lower relapse rates were observed among patients receiving 8 weeks of SOF/LDV who had baseline HCV RNA levels <6 million IU/ml (2%; 2 of 123)."

Competing Interests: None

The benefits of publishing with F1000Research:

- Your article is published within days, with no editorial bias
- You can publish traditional articles, null/negative results, case reports, data notes and more
- The peer review process is transparent and collaborative
- Your article is indexed in PubMed after passing peer review
- Dedicated customer support at every stage

For pre-submission enquiries, contact research@f1000.com

F1000Research