CASE REPORT

Case Report: Lupoid cutaneous leishmaniasis mimicking verruca plana [version 1; peer review: 4 approved]

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Abstract

Cutaneous leishmaniasis (CL) is an infectious disease caused by various species of leishmania protozoan parasites. Lupoid CL is a rare form of CL that has a stunning similarity to other granulomatous cutaneous conditions of infectious or inflammatory origin. Verruca plana, also known as a “flat wart”, is a benign proliferation of the skin resulting from infection with human papilloma virus (HPV). Herein, we presented a case of lupoid CL mimicking verruca plana on the face.

Keywords

diagnosis, leishmaniasis, viral disease

This article is included in the **Neglected Tropical Diseases** collection.

Open Peer Review

Approval Status

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1. **Gulhan Gurel**, Bozok University, Yozgat, Turkey
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4. **Roderick J Hay**, International Foundation for Dermatology, London, UK

Any reports and responses or comments on the article can be found at the end of the article.

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Introduction

Leishmaniasis encompasses a group of diseases caused by the protozoan parasites of the *Leishmania* genus¹. Classical lesions of cutaneous leishmaniasis (CL) advance in the forms of papules, nodules and ulcerated lesions, and they heal with an atrophic scar over months and years². Nevertheless, CL has been seen in atypical form, including erysipeloid, lupoid, sporotrichoid, hyperkeratotic, eczematous, verrucous and impetiginized form³.

Lupoid CL is one of the more rarely seen forms of CL⁴. The incidence of lupoid CL has been reported to be 0.5 to 6.2%⁵. This clinical presentation with a chronic course develops after acute CL infection. In this clinical form, papulonodular lesions of granulomatous and lupoid character are seen 1–2 years after the acute lesion is healed⁴. Although there is an immune response against parasites in lupoid CL, the immune system is unable to remove the parasites altogether and thus the chronic granulomatous response continues for a long time⁶. Many clinical presentations of lupoid CL have been reported; however, no lupoid CL mimicking verruca plana has, to our knowledge, previously been reported in the literature.

Case report

A 9-year-old male patient presented at our clinic with multiple papular lesions located in the left cheek. He had had these lesion for three months, and they had gradually enlarged. The medical history revealed that the patient had a follow-up after diagnosis of CL located in the nose two years ago, and presented with complete regression after he was started on intralesional meglumine antimonate.

Dermatological examination revealed multiple, coalescing, rough, slightly elevated, yellowish-brown papular lesions 3–6 mm in diameter located in the left cheek (Figure 1). In addition, he had large atrophic scar on the nose. Nothing of interest was noted in his family history or his laboratory tests. After staining with Giemsa, a parasitological smear showed numerous leishmania parasites in their amastigote form (Figure 2).

Figure 1. Multiple yellowish-brown coalescing papular lesions located in the patient's left cheek.

The patient was diagnosed with lupoid CL based on his medical history, and his clinical and microscopy findings. He was started on intralesional meglumine antimonate injection per week. After the 4 sessions of treatment, significant improvement was observed in the patient's lesions (Figure 3).

Figure 2. *Leishmania* spp. amastigotes (Giemsa staining x1000).

Figure 3. Yellowish-brown, slightly elevated papular lesions located in the left cheek after treatment.

Discussion

CL is a parasitic disease caused by leishmania protozoa, transmitted to humans during blood sucking by infected phlebotomine sandflies³. Clinical signs of CL vary from a self-limited asymptomatic presentation to life-threatening diffuse destructive lesions, depending on the type of the leishmania and the immunological state of the host. Initial lesions are frequently erythematous papules or nodular lesions⁷.

Lupoid CL is a rare, chronic form of CL that develops following acute CL. In this clinical form, papulonodular lesions are developed at the edges of the scar months and even years after the acute lesion is healed. Papular lesions in brownish red or brownish yellow with a tendency to merge with each other, and nodules in apple-jelly consistency compose the characteristic lupoid image in lupoid CL. The lesions are sometimes squamous, crusted, and psoriasiform and may mimic lupus vulgaris. The clinical course of lupoid CL is considered to be associated with changes in the cell-mediated immunity. A possible underlying pathogenetic mechanism involves changes in Th1 and Th2 cell responses and interleukin 4 (IL-4) production⁸. The altered host immune response then contributes to the high sensitivity to parasitic infections and extraordinary clinical presentations⁸.

Lupoid CL has been defined as having atypical clinical properties and a chronic recurrent course. Clinically, lupoid CL may particularly resemble lupus erythematosus and lupus vulgaris⁸. It may also resemble other granulomatous diseases of infectious or inflammatory origin and may mimic them; however, microscopic and histopathological findings are important in differentiating them from other dermatoses⁹.

Ul Bari *et al.*⁸ evaluated 16 patients with lupoid CL and reported 4 different morphological patterns, including psoriasiform lesions, ulcerated/crusted lesions and discoid lupus erythematosus. Douba *et al.*⁹ analyzed 1880 patients with chronic CL. In that study, 1.4 % of 1880 patients were reported to have lesions with verrucous character⁹. In this case report, the patient had a progressively increasing amount of groups of papular lesions that were yellowish brown in colour, in the left cheek and chin region. Clinically, the lesions suggested verruca plana; however, the

microscopic evaluation of the sample obtained from the lesion revealed amastigotes and a diagnosis of lupoid CL was made. To the best of our knowledge, there is no case of lupoid CL mimicking verruca plana in the literature. In this case, it is striking that no lesion was seen around the CL scar.

Amastigotes are seen rarely in the parasitological smear in lupoid CL¹⁰. In our present case, amastigotes may have been observed due to the lesions having appeared in the last three months.

There is no current protocol for efficient and accurate treatment of lupoid CL. First-line treatment involves administration of pentavalent antimony compounds¹⁰. In the present case, following treatment with intralesional meglumine antimonate for 4 sessions, a significant regression in the lesions of the patient was observed; and treatment was discontinued.

Conclusion

Lupoid CL is a rare and chronic form of CL. Lupoid CL manifest with atypical clinical and histopathological properties. It should be considered that lupoid CL may be seen as lesions similar to verruca plana.

Consent

We obtained written informed consent from patient's parents for the publication of the manuscript.

Author contributions

EO wrote the manuscript; AB prepared the manuscript; OY is the patient's consultant from the Department of Microbiology; RE, MA and KO, AT and NT helped manage the patient's diagnosis and therapy.

Competing interests

No competing interests were disclosed.

Grant information

The author(s) declared that no grants were involved in supporting this work.

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Roderick J Hay

International Foundation for Dermatology, London, W1P 5HQ, UK

This is an interesting case report of an unusual variant of cutaneous leishmaniasis. It is infrequently reported and therefore worth recording. I'm not sure that these lesions resemble plane warts - they are certainly flattish but the lateral borders appear slightly curved. I would call them large flat topped papules instead.

Is the background of the case's history and progression described in sufficient detail?

Yes

Are enough details provided of any physical examination and diagnostic tests, treatment given and outcomes?

Yes

Is sufficient discussion included of the importance of the findings and their relevance to future understanding of disease processes, diagnosis or treatment?

Yes

Is the case presented with sufficient detail to be useful for other practitioners?

Yes

Competing Interests: No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Reviewer Report 03 July 2017

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Mehmet Akif Dunder

Department of Pediatric, Kayseri Training and Research Hospital, Kayseri, Turkey

I read the case report. The differential diagnosis of lupoid cutaneous leishmaniasis is difficult and may depend on the detection of a few Leishmania amastigotes in the histologic sections. The case provided will most likely be highly favorable for management of this disease in Turkey. I think this case report is appropriate for publication and will contribute to the literature.

Is the background of the case's history and progression described in sufficient detail?

Yes

Are enough details provided of any physical examination and diagnostic tests, treatment given and outcomes?

Yes

Is sufficient discussion included of the importance of the findings and their relevance to future understanding of disease processes, diagnosis or treatment?

Yes

Is the case presented with sufficient detail to be useful for other practitioners?

Yes

Competing Interests: No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Reviewer Report 23 June 2017

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Altay Atalay

Department of Medical Microbiology, Faculty of Medicine, Erciyes University, Kayseri, Turkey

The paper titled "Case Report: Lupoid cutaneous leishmaniasis mimicking verruca plana" makes a significant contribution to the field because of its rarity. The topic is important. According to my opinion the background of the case's history and progression described in sufficient detail and

details provided of any physical examination and diagnostic tests, treatment given and outcomes are enough. In addition the case is presented with sufficient detail to be useful for other practitioners. Figures are useful.

In conclusion, the paper is novel and the work delivers what it promises. My overall evaluation of the paper is positive.

Is the background of the case's history and progression described in sufficient detail?

Yes

Are enough details provided of any physical examination and diagnostic tests, treatment given and outcomes?

Yes

Is sufficient discussion included of the importance of the findings and their relevance to future understanding of disease processes, diagnosis or treatment?

Yes

Is the case presented with sufficient detail to be useful for other practitioners?

Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Mycology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Reviewer Report 23 June 2017

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Gulhan Gurel

Department of Dermatology, School of Medicine, Bozok University, Yozgat, Turkey

I evaluated the case report entitled 'Lupoid cutaneous leishmaniasis mimicking verruca plana'.

Leishmania is currently endemic in 102 countries, areas or territories worldwide and 2 million new cases are recorded annually¹. This sentence can be added at the introduction of the article.

Cutaneous leishmaniasis is still considered an important health issue in many parts of the world. Lupoid CL is a very rare form of CL. The lupoid CL mimicking the verruca plana may lead to delay

in the diagnosis. It is thought that the very rare case will contribute to the literature. This case report is appropriate for publication.

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Is the background of the case's history and progression described in sufficient detail?

Yes

Are enough details provided of any physical examination and diagnostic tests, treatment given and outcomes?

Yes

Is sufficient discussion included of the importance of the findings and their relevance to future understanding of disease processes, diagnosis or treatment?

Yes

Is the case presented with sufficient detail to be useful for other practitioners?

Yes

Competing Interests: No competing interests were disclosed.

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

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